

MADISON MESSENGER

MADISON SCHOOL DISTRICT NEWSLETTER

MARCH 2016

Developing individual excellence through rigorous academics, innovative technology and personal attention

Strategic Five-Year Facility Maintenance Plan

Madison's 2020 Vision

Dear Madison Stakeholder,

Throughout the past twenty years, Madison School District has experienced tremendous growth. Since 1994, at least one project took place almost every year to accommodate enrollment and to further educational opportunities for students attending Madison Schools.

Adding areas to the facility has significantly increased the physical size of the school, and at the same time, provided new and expanded educational opportunities for students. We are extremely grateful that the residents of the Madison School District have supported the school and its students over the years.

There has been, and will continue to be, a focus on academic achievement, the performing arts, and the opportunity to strengthen student leadership through athletics and other extra-curricular activities. Students at Madison enjoy a facility that aligns well with the high level of academic achievement attained over the years. Members of the Madison Family are committed to sustaining the high standard of excellence that Madison students expect and deserve.

Currently, many areas of the school - some built in the 1950's - require updating and preventative maintenance. Critical areas of the facility, such as the roof, parking lots, lighting, roof top heating units, and restrooms - if maintained - will continue to serve the District well into the future.

With this in mind, a Five-Year Strategic Facility Maintenance Plan has been established to lead efforts regarding the facility now through 2020. We refer to this as Madison's "2020 Vision." Details of this plan have been established over the past two years through collaborative efforts of students, faculty, administrators, parents, and alumni of Madison Schools.

Madison School District is committed to a Five-Year Strategic Facility Maintenance Plan that will:

- ☐ provide a progressive, innovative, and safe learning environment to enhance student instruction and performance.
- ☐ allow the District to function in the most efficient and cost-effective manner possible.
- ☐ utilize technology to manage aspects of the facility to lower unnecessary expenses.
- ☐ improve branding and marketability of the District.

Details about the projects that are proposed as a part of the Five-Year Strategic Facility Maintenance Plan and the upcoming May election have been assembled into a brochure that you may choose to view by visiting www.madisonk12.us and scrolling to Quick Links.

Printed copies of the brochure may be requested by contacting the Madison Central Office at 517-265-1840.



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Strategic Five-Year Facility Maintenance Plan: *Building & Site Sinking Fund*

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Throughout the years, additions to the current facility were funded primarily through the Building & Site Sinking Fund and the General Fund, with only the High School Activities Center and Performing Arts Center financed by bonds approved by District voters.

Whenever feasible, Madison has used the Building & Site Sinking Fund, rather than a school bond, thus maximizing the return on each dollar provided by our taxpayers. The current 1.25 mill Building & Site Sinking Fund is set to expire in 2016.

A school bond yields large sums of revenue, but the district must pay it back with interest, similar to a home mortgage. The sinking fund provides revenue that can be used annually as it is received. There is no borrowing and no interest. Every tax dollar is utilized for the repair and maintenance of our facilities.

The Building & Site Sinking Fund can only be used for major repairs and facilities - not salaries or other operational expenses. Every dollar collected through the Building & Site Sinking Fund is used for building repairs, updates and improvements.

“We are extremely grateful that the residents of the Madison School District have supported the school and its students over the years.” ~ Kyle Ehinger, Madison School Board President

Strategic Five-Year Facility Maintenance Plan: *Information for Homeowners*

Property values have decreased over the past several years. 1.0 mill of tax generated \$198,000 in 2009. That same mill only generates approximately \$175,000 today. Between the decreased value of homes and the phasing out of the industrial personal property tax, the District collects less tax revenue today than it did five years ago.

The 1.25 mills currently in place through 2016 produces approximately \$218,750 annually. Approval of the Building & Site Sinking Fund millage will ensure that we can continue to properly maintain and repair our buildings.

The Board is requesting an additional 0.25 mill at the May 3, 2016 election to offset the decrease in taxable value and help address some of the major maintenance and renovation issues detailed in the Five-Year Strategic Plan Brochure. An additional \$43,730 would be collected annually if residents approve the additional millage.

Year	Taxable Value	1 Mill Revenue
2007	\$193,006,560	\$193,007
2008	\$189,055,405	\$189,055
2009	\$198,586,640	\$198,587
2010	\$190,690,856	\$190,691
2011	\$187,366,371	\$187,366
2012	\$178,056,138	\$178,056
2013	\$173,388,825	\$173,389
2014	\$172,022,581	\$172,023
2015	\$174,929,975	\$174,903

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Strategic Five-Year Facility Maintenance Plan: *Information for Homeowners, continued*

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The additional 0.25 mill would cost a taxpayer approximately:

Value of Home	Taxable Value	Yearly Cost	Monthly Cost
\$50,000	\$25,000	\$6.25	\$0.52
\$100,000	\$50,000	\$12.50	\$1.04
\$200,000	\$100,000	\$25.00	\$2.08

The potential renewal of the current 1.25 mills and the addition of a .25 mill would generate approximately \$262,500 each year; totaling \$1,312,500 over the course of the five-year levy.

The 18 mill Operating Millage, which is assessed on businesses and those with a second home (non-homestead), expires in 2017. To eliminate the cost of holding an election in 2017, the Board is requesting that the Operational millage be renewed at the May 3 election.

Strategic Five-Year Facility Maintenance Plan: *Projects to be Considered*

- **Brick and Mortar:** repair and replacement
- **Courtyard Windows & Exterior Walls:** upgrades for energy-efficiency
- **Elementary Classrooms:** renovations to improve classroom space
- **Elementary Parking & Traffic Flow:** repairs and improvements
- **Elementary Science Lab:** construction of new learning space
- **HVAC Units:** replace outdated units
- **Lighting Fixtures & Classroom Renovations:** install energy-efficient LED lights & update classrooms
- **Main Entrances:** improve security features
- **Middle School Gymnasium:** update structural features
- **Middle School Locker Rooms:** complete repairs and upgrades
- **Restroom Facilities:** repair and renovate as needed
- **Roof Replacement:** replace areas that exceed warranty
- **Sidewalks & Parking Lots:** improve safety and traffic flow



Please take a moment to review the full details of the Five-Year Strategic Facility Maintenance Plan (2020 Vision) and upcoming May 3 election, including projects to consider and photos, by visiting www.madisonk12.us and scrolling down to Quick Links.

Madison Elementary & Middle Earn Grade of A

Madison Elementary and Middle Schools received a grade of A on the Mackinac Center's newly released 2015 Elementary and Middle School Context and Performance Report Card: www.mackinac.org/22171.

The A grade recognition was given to the top 10% of schools across the state. The report card's Context and Performance (CAP) Score adjusts the most recent three years of MEAP assessment scores for grades 3-8 based on expected performance according to the socioeconomic status of students in each school. Including this factor provides a more accurate assessment of a school's performance, since research has shown that student backgrounds can have a large impact on academic performance.

Additionally, both Madison Middle School and Madison Elementary were ranked in the top 5% of schools identified as being located in a town in the state, with the Middle School ranking 3rd and the Elementary ranking 10th.

Madison Middle School:

CAP Grade: A

Rank: 49

Overall percentile score: 97.8%

Town School Rank: 3

Madison Elementary School:

CAP grade: A

Rank: 138

Overall percentile score: 93.9%

Town School Rank: 10



TOP TEN: TOWN SCHOOLS

Based on the 2015 "Elementary and Middle School Context and Performance" Report Card

RANK	SCHOOL	LETTER GRADE	CAP SCORE
1	Berrien Springs Middle School Conventional	A	114.59
2	Harrington Elementary School Conventional	A	113.82
3	Madison Middle School Conventional	A	113.79
4	Traverse Heights Elementary School Conventional	A	113.59
5	Franklin Elementary School Conventional	A	113.34
6	Grayling Middle School Conventional	A	112.63
7	Collins Elementary School Conventional	A	111.53
8	Sylvester Elementary School Conventional	A	111.23
9	North Ohio Elementary School Conventional	A	111.13
10	Madison Elementary School Conventional	A	110.10



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Your Input Needed: Proposed Change to School Calendar

The Lenawee County Superintendent's Association and Lenawee County Teachers Association are seeking community input regarding a proposed waiver to allow a change in our public schools calendar.

This proposal would allow Lenawee County public schools to start school two weeks prior to Labor Day and finish the school year earlier in the spring. The proposed waiver requires all Lenawee County schools to commit to the same calendar.

Your opinion is important. Please take a few moments to review the proposal and complete the four-question survey. This information may be found on our website at www.madisonk12.us under Quick Links.

The survey window will be open through March 7.



**Daylight Saving Time begins
Sunday, March 13**

Set your clocks *ahead* one hour.



Spring Break 2016

BSY: March 28-April 8

TSY: April 4-8

Elementary Spring M-STEP Testing

The Michigan Department of Education (MDE) has released its M-STEP testing dates for spring 2016. These date windows for testing are listed below. More specific testing information will be shared with families as the dates draw closer.

Grade 3 testing window: April 25-May 9

Third grade will take English Language Arts and Math.

Grade 4 testing window: May 9-May 23

Fourth grade will take English Language Arts, Math, and Science.

Grade 5 testing window: April 11-April 25

Fifth grade will take English Language Arts, Math, and Social Studies.



Look for helpful test preparation tips at the end of this newsletter.

Upcoming Parent Organization Meetings



Parents and Teachers Together (P.A.T.T.): PATT@madisonk12.us

Tuesday, March 1, 6:30 p.m. Elementary Library

Athletic Boosters: Tricia.Fowler@madisonk12.us

Wednesday, March 2, & March 30, 6:30 p.m. Board Room

Madison Youth Athletic Council (MYAC): MYAC@madisonk12.us

Wednesday, March 2, 7:30 p.m. Board Room

2016-17 Balanced School Year Application Window Open

Elementary families interested in registering for the Balanced School Year (BSY) option for the 2016-17 school year are asked to complete a commitment form by Friday, April 29.

Students currently enrolled in the BSY program do not need to complete this form. Current BSY students will remain on the BSY schedule unless written notification of the intent to return to the Traditional School Year (TSY) calendar is received by April 29.

At this time, teachers currently teaching on the BSY calendar will remain on the BSY calendar for 2016-17. We will re-evaluate the need for

additional BSY teachers based on the number of students who enroll and will announce any staffing changes at a later date.



The 2016-17 BSY school year is tentatively set to begin on Monday, July 25, 2016. Just as in years past, students on both the TSY and BSY calendars will end on the same day in June.

Additional information and commitment forms

will be sent home with students and are also available on the BSY page of the website at www.madisonk12.us/balanced-school-year-bsy.

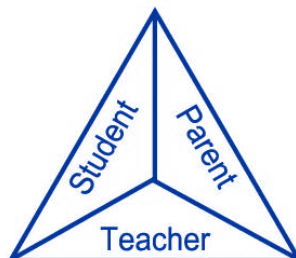
If you have questions about the BSY program, please contact the elementary office at 517-263-0744.

Elementary Parent-Teacher Conferences

All Madison Elementary parents and guardians are encouraged to attend spring Parent-Teacher Conferences on Thursday, March 10. Teachers will hold meetings with parents from 12:00-7:00 p.m. Look for sign up sheets to be sent home with students.

Parent-Teacher Conferences are the perfect opportunity for parents to make a connection with their child's teacher and become an active partner in his or her education. Positive, ongoing communication improves a child's academic experience. When parents and community members are actively engaged with students' education, the students reap significant benefits.

Thank you for partnering with us!



Mrs. Kaufman Announces Retirement

Early Elementary Principal, Mrs. Linda Kaufman, recently notified the Madison Board of Education of her intent to retire on June 30 of this year.

Mrs. Kaufman has touched many lives in her 39 years in education, the past 20 of them at Madison Elementary. She served as a first grade teacher for 13 years and was promoted to her current role in administration in 2008.

We appreciate her warm smile and the positive support she shows our staff, students, and families each and every day.

Mrs. Kaufman says, "I am truly honored to have played a role as we support our students and families. It is an honor to have the opportunity to make such a difference in the lives of our students. Thank you all for the amazing journey!"

She has shared that she looks forward to spending more time with her family out West upon her retirement.

March is National Nutrition Month

Stay true to your New Year's Resolution and focus on healthy eating this month. The theme for 2016 is "Savor the Flavor of Eating Right." Everyone is encouraged to take time to enjoy food traditions and appreciate the pleasures, great flavors, and social experiences food can add to our lives.

How, when, why and where we eat are just as important as *what* we eat. Learn more at www.nationalnutritionmonth.org/nnm/

Is your child stuck in a food rut? You can break the mac and cheese cycle! Visit www.kidshealth.org for ten tips for encouraging your child to eat healthful foods.

Madison School District is committed to creating a healthy school environment that enhances the development of lifelong wellness practices and supports student achievement by promoting healthy eating and physical activity. To learn more about the District's Health and Wellness policy, visit www.madisonk12.us/food-service.



Sports Opportunities for Young Athletes

Looking for organized sports teams for your younger student? Look no further than the Madison Youth Athletic Council (MYAC). MYAC provides athletic opportunities to students in grades kindergarten through sixth grade, until which time the MHSAA sponsors competitive league athletic teams.

Registration is now open for 14U Youth Baseball. The cost is \$90 with registrations due on March 18. Forms are available on the MYAC page of the website or in the middle school office.



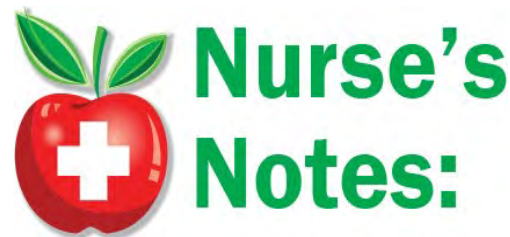
March into Spring Fitness

Was one of your New Year's resolutions to get fit? Are you looking for a safe and warm way to get a jump start on your summer workouts?



The Madison Indoor Athletic Facility (IAF) will be open from 7:30-9:00 a.m. on Tuesdays and Thursdays in March for members of the Madison community to walk, stretch, or participate in other light exercise.

The IAF is located across the street from the Middle School on Treat Highway. This pilot program will be extended if there is enough interest.



Get Moving in March!

Exercise helps to build strong muscles, bones, and joints, improves sleep, and can even help boost your mood! Staying active can also help maintain a healthy body weight and improve coordination and balance.

While team sports are a great way to stay active, you may also consider these other ways to incorporate more physical activity into your child's day:

- Turn on some music and dance!
- Park a little further away when running errands to increase steps.
- Pull out the old-fashioned toys: hula hoops and jump ropes are inexpensive and get the heart pumping.
- Go for a walk or take a bike ride as a family.
- See how many push ups or jumping jacks you and your child can do during a commercial break while watching TV.
- Encourage active video games like *Just Dance*, or *Wii Fit*.

Spring and warmer weather are just around the corner. I challenge you to fit more fitness into your day!

Nurse Ellen: 517-263-0744 ext. 354
Ellen.Young@madisonk12.us

Rock & Bowl Fundraiser Supports Wrestling Club



Madison Wrestling will host its 4th Annual Rock & Bowl Fundraiser on Saturday, March 12 at the Lenawee Recreation Bowling Center. Teams of five are encouraged to register for this fun community event. Registration is \$125 per team (\$25 per person). Businesses and individuals are invited to sponsor a lane for \$50.00. There will be door prizes, awards for first and last place teams, and a special award for the best dressed team. Not a bowler? Stop in for the 50/50 raffle and auction and to cheer for your favorite team. Registration is from 7:00-7:45 p.m. with bowling starting at 8:00 p.m.

Contact Rhonda at 419-930-7350 or Sarah at 517-605-2102 to register your team, sponsor a lane, or donate items for the auction.

Advertise Your Business or Show Your Support!

Spring means flowers, robins, baby bunnies...and baseball! You can show your support for the Madison Trojan baseball teams by sponsoring a banner on the outfield fence. Your personal message or business advertisement will be displayed for two years.



For additional information please contact Coach Chris Dubbs at 734-546-1045 or Chris.Dubbs@madisonk12.us.



Shop Quarter Mania to Support Trojan Golf Teams

Shop until you drop at Quarter Mania on Thursday, March 24 in the Middle School gym. There will be dozens of vendors available including Tastefully Simple, Scentsy, It Works, Tupperware, Pampered Chef and more! Cash and carry shopping will be open from 6:00-7:00 p.m. with bidding starting at 7:00 p.m. Proceeds will benefit the Trojan golf teams.

For more information, please contact Kim Presley at 517-442-6214 or Julie Ramos at 517-918-1349.

Searching for a Pot of Gold?

Saturday, March 19 may be your lucky night! The Madison Athletic Boosters invites you to beat the winter blues with a bus trip to FireKeepers Casino to try your luck at the many games and slot machines offered for your chance to win big! The bus will leave Madison at 4:00 p.m. and return at midnight.

The trip includes deluxe round-trip motor coach transportation, five hours of gaming at FireKeepers, a \$20 player's card per person, and \$5 in food credit per person. Individual tickets are \$40 each, couples are \$75 each and are available in the High School and Central Offices. Attendees must be 21 years of age or older with proper I.D. Good luck!



Upcoming Music Events

The High School Band & Orchestra in preparation for the Michigan School Band and Orchestra Association (MSBOA) competition, will perform their selected pieces in a concert on Tuesday, March 8 at 6:00 p.m.

In their final elementary performance, the fifth grade classes will present *Bebop with Aesop* on Monday, March 21 at 7:00 p.m. Students are asked to dress nicely.

Third grade students will present *Rock and Roll Forever* on Tuesday, March 22. The students of Mrs. Iott, Mrs. Riggs, and Ms. Weible will perform at 6:00 p.m. The students of Mr. Koebbe, Mrs. Risner, and Ms. Hill will perform at 7:00 p.m. The students are asked to dress in 50's & 60's costume.

All events will be held in the Performing Arts Center. The auditorium will open 30 minutes prior to the start of the event.

Contacts:

MaryBeth.Madziar@madisonk12.us

Laura.Morris@madisonk12.us.

MHS Spring Play

by: Kayla Hemphill

The MHS Drama Club will present its spring play on Thursday, March 10 for one night only! At 7:00 p.m. the night will start with "The Girl Who Was Asked to Turn Blue." After a brief pause, they will go right into "The Lottery" and then end the night with a bang, performing a play rendition of the popular *Twilight Zone* episode "The Monsters are Due on Maple Street."

Ticket prices are \$5.00 for adults and \$3.00 for students and are available at the door. The play is under the direction of Mrs. Robynn Wolf.

Introduction to Vocal & Instrumental Music

Fifth grade students attended an assembly in mid-February to introduce them to the music courses available with the Band, Orchestra, and Choir in middle school. Each student then had the opportunity to try out various musical instruments in an "instrument petting zoo." We hope your child shared this experience with you.

A parent meeting for students interested in Band or Orchestra will be held on Tuesday, March 15 from 6:00-7:00 p.m. in the MHS Band and Orchestra room. Store representatives from Shar Music and Marshall Music will be on hand to answer your instrument rental questions. You may even choose to begin your instrument rental that evening. We encourage all parents of 5th graders to attend the meeting to learn more about our music education programs.

For more information about Band or Orchestra, contact Marcie.Zeckner@madisonk12.us or call 517-263-0742 ext. 400.



Four Year Old Spring Program

The Great Start Readiness Preschool (GSRP) students will present their spring program, *Magical Musical*, to their families on Thursday, March 17 in the Commons. Mrs. Poling's class will perform at 9:30 a.m. and Mrs. Segur's class will share their show at 10:15 a.m. Light refreshments will be served after each program.



"The fact that children can make beautiful music is less significant than the fact that music can make beautiful children." ~ Cherly Lavender

March is National Reading Month

Madison Elementary Receives Literacy Grant

The Michigan Department of Education recently awarded Madison Elementary School with a \$22,275 Targeted Literacy Instruction and Interventions grant. The funds will be used to provide added instructional time to students in grades K-3 who have been identified as needing more literacy support.

"This grant will allow us to add a literacy interventionist to our Team Time program and to provide even more personal attention to students with unique educational needs and additional reading support." ~ Linda Kaufman, Early Elementary Principal



Team Time is Madison Elementary's mentoring tutorial program which provides students in kindergarten through fifth grade additional reading instruction and practice. Students meet in small groups two to four times a week for thirty minutes with classroom teachers and Team Time Leaders.

Elementary Book Fair

Tired of the same old bedtime story?
The Scholastic Book Fair is a great way to add new books to your home library.

The spring book fair will be held Monday-Friday, March 7-11 during the school day in the Elementary Library. The fair will also be open during Parent-Teacher Conferences so that you may shop with your child.

Each purchase also helps to add new books to our school library; thank you!



Reading is a GROOVY Thing!

The Elementary Library is celebrating Reading Month in March with the theme of "Reading is a Groovy Thing." Please join us from 5:00-7:00 p.m. on March 2 for Soup and Story Night in the Elementary Café. We will be reading Caldecott Prize winning books from the 1960s. Registration forms will be sent home with your child. The event is free, but we need to know how much soup to have.

Encourage your child to complete his or her reading log for fun prizes including two bikes donated by the Kiwanis Club of Adrian!



TECH TIPS

Reading is the foundation of learning, but not all students get excited about cracking open a book. The websites listed below offer advice for helping parents to encourage their children to read more often.

Common Sense Media offers ten tips for getting your kids hooked on books:

[www.commonsensemedia.org/blog/how-to-raise-a-reader?](http://www.commonsensemedia.org/blog/how-to-raise-a-reader?utm_source=020516+Age+2-6&utm_medium=email&utm_campaign=weekly)

[utm_source=020516+Age+2-6&utm_medium=email&utm_campaign=weekly](http://www.commonsensemedia.org/blog/how-to-raise-a-reader?utm_source=020516+Age+2-6&utm_medium=email&utm_campaign=weekly)

Have a reluctant reader? Try one of these fun books: www.commonsensemedia.org/lists/books-for-reluctant-readers

Still can't hook a bookworm? Here are 10 ways to get your child to read without a book:

www.scholastic.com/parents/resources/article/more-reading-resources/10-non-book-ways-to-get-your-child-reading

Best Apps for Kids lists educational apps by grade level and subject area. Try these for reading:

<http://www.bestappsforkids.com/category/apps-for-education/reading-apps/>

Do you have questions about technology and your child? Contact Jeanelle.Wonders@madisonk12.us.

Elementary & Middle School 2015-16 Yearbook Sale

Don't miss out on the memories! 2015-16 Yearbook sales are on now in the elementary and middle schools. Here's how to get yours:

1. Online through www.schoolpictures.com. (Books are \$15.90)
2. Call 1-800-482-0321.
3. Pick up an order form in the office, or download it from www.madisonk12.us/news and return it to the school with your payment. Cash, www.MySchoolBucks.com, and checks (made payable to Madison Middle or Elementary School) are also accepted.



Middle yearbooks are \$15 and are on sale through March 11.

Elementary yearbooks are also \$15 and are on sale through April 29.

MMS 2nd Trimester Exam Schedule

Wednesday, March 2

7:50-9:30 a.m. 1st hour exam
9:30-11:00 a.m. 2nd hour exam

Thursday, March 3

7:50-9:30 a.m. 3rd hour exam
9:30-11:00 a.m. 4th hour exam

Friday, March 4

7:50-9:30 a.m. 5th hour exam
9:30-11:00 a.m. 6th hour exam



Students will be dismissed at 11:00 a.m. each day.

Character Under Construction

Character under Construction is a free values, morals, and ethics program offered to Madison Middle School students by Keith Munro, Youth Minister of Blissfield Baptist Church.

Students are encouraged to bring a friend and try this informative and fun program a try.



This month's meetings will be on March 9 and 23 from 3:00-4:15 p.m. The group meets in Room 1 in the Middle School. Snacks are provided.

Fall 8th Grade Chicago Trip Payment Schedule

The class of 2021 will visit Chicago, Illinois during the week of October 27-30, 2016. The total cost for the Chicago trip is \$670. Payments may be made using cash or credit card by visiting www.MySchoolBucks.com, or by checks made payable to *Madison School District*. There is valuable information about the trip, along with details about fundraisers, on the district website at: www.madisonk12.us/8th-grade-trip/.

For more information call 517-263-0743 or email Danyelle.Matthews@madisonk12.us or Brad.Anschuetz@madisonk12.us.



Trip Deposit

2nd Payment

3rd Payment

4th Payment

Final Payment

\$150

\$135

\$135

\$135

\$125 or remaining balance

PAST DUE

Due: March 18, 2016

Due: April 29, 2016

Due: June 10, 2016

Due: September 16, 2016

Elementary Art News & Recycled Fashion Show

The art room has been busy using art to make connections to history. The upper grades are learning the art of fine writing also known as Calligraphy. In this unit students are making life skill and informational books and creating inspirational quotes and poems. Remember to ask you child about his or her art work to help them reinforce what they are learning in art class.



Recycled Fashion Show

Celebrate Earth Day and the creativity of our elementary students by attending the annual Recycled Fashion Show on Friday, April 22. Students will take to the Performing Arts Center stage to model their original creations starting at 6:00 p.m. Light refreshments will be served after the show.

Parents are encouraged to work with their children in creating their designs. Inspiration may be found on the Internet. Thank you to all who have already granted permission to their children to participate. You may still sign up by emailing Richard.SanMiguel@madisonk12.us or calling 517-263-0744 ext. 512.

Art Students Recognized

The students below were selected to represent Madison at the Region 3 Art Show held at Adrian College. They were also selected to advance to the state level. Their work will be on display at Western Michigan University's Richmond Center Gallery during the Michigan Youth Arts Festival May 13-14.



Lauren Perez	8th grade	painting
Reece Yeager	8th grade	charcoal drawing
Elena Ramirez-Gorski	12th grade	self portrait
Colin Anschuetz	12th grade	3D
Bailey Jeffers	12th grade	3D



MHS Students of the Month

The staff of Madison High School has selected the following individuals as Students of the Month for February:

Kaiya Wall	Freshman	Science
John Ambrose	Senior	Social Studies
Angel Beltran	Freshman	World Languages
Katie Hayes	Senior	English
Ernesto Dominguez	Senior	Physical Education
Matt Lee	Sophomore	Math

News from the High School Counseling Office

ACT Testing Dates

Test date: April 9
Register by: **March 4**

Test date: June 11
Register by: May 6

SAT Testing Dates

Test date: May 7
Register by: April 8

Test date: June 4
Register by: May 5

**Contact the Counseling
Office: 517-265-1843**

Jen Stelzer, Counselor
Jen.Stelzer@madisonk12.us

MHS 2nd Trimester Exam Schedule

Wednesday, March 2

7:50-9:20 a.m. 1st hour exam
9:27-10:11 a.m. 2nd hour class
10:16-11:00 a.m. 3rd hour class
TECH Center: Both sessions

Thursday, March 3

7:50-9:20 a.m. 2nd hour exam
9:30-11:00 a.m. 3rd hour exam
TECH Center: Both sessions

Friday, March 4

7:50-9:20 a.m. 4th hour exam
9:30-11:00 a.m. 5th hour exam
TECH Center: Neither will attend

**Students dismissed
at 11:00 a.m. each day.**

2016-17 Registration

The 2016-17 Course Description Catalog is available electronically on the web at www.madisonk12.us/counseling or paper copies are available in the Counseling Office.

Scholarship Opportunities



Think of scholarships as “free money” for use toward your college education. A little planning and work on your end could pay off big! Stop into the Counseling Office for details about these and other scholarship opportunities:

Old National Bank provides one \$1000 Community Matters Scholarship in each ONB region every year. Applications are due no later than **March 3**.

A variety of Jackson College Scholarship Foundation scholarships are available to students through their website at <https://jacksoncollege.awardspring.com>. The application deadline is **April 1**.

The local Miss River Raisin Scholarship Pageant is searching for a Lenawee County young woman with a Miss America dream! Applicants must be between the ages of 17 & 24 on July 8, 2016. The deadline to apply is **April 1**. Stop in the counseling office for more information and requirements.

The Monroe/Lenawee County AFL-CIO Central Labor Council will award two \$1000 scholarships through the Family Scholarship Program. Students who have chosen to attend a two or four year college or who will receive technical or vocational training are eligible. GPA and essay requirements, along with the application form, are available on the Counseling page of the website. The application deadline is **April 8**.

Scholarships of up to \$5,000 are offered by the Bill & Vi Sigmund Foundation. Last year they awarded 95 scholarships to students in Lenawee and Jackson Counties. The scholarships are for both traditional college students and students attending trades programs. The deadline to apply is **April 15**. Complete information and applications can be found at www.sigmundfoundation.org.

***“Education is our passport to the future, for tomorrow
belongs to the people who prepare for it today.”***

~ Malcom X

March Alumni Spotlight

The featured alumnus for the month of March is Ruben Villegas, Jr. He attended Madison Schools from kindergarten through high school, graduating in 2007. While a student, Ruben was involved in athletics, chess club, and band, where he was a part of the drum line. After graduation, he attended Adrian College where he earned a bachelor's degree in Music.

Ruben currently lives outside Chicago, Illinois where he works as a Reimbursement Supervisor for OptionCare. Ruben says, "After college graduation I wanted to use my degree directly, but after much soul searching I realized that I would be able to use my people skills to find a full time job that I liked, while still using my degree as a hobby to work in the music industry as best as I could." Using his music and performance background, Ruben recently produced and recorded a gaming podcast and streams games on Twitch.tv. He says it is something he enjoys doing and being able to balance full time work and a hobby is a blessing.

Whether it's his work or his music, Ruben says he is successful because he is very passionate about being good at what he does. He says he has learned that having integrity and caring about the quality of his work can take him far.

Ruben's advice to students is to make the most of your time at Madison. He says, "School is where you get a huge head start on friendships, hobbies, and life." Ruben encourages the class of 2016 to apply for many scholarships. He says they are not only a huge help for your first year of school, but they will set you up for success in the future when it comes to student loans.

Living out of state, Ruben is not able to attend many Madison activities, but is proud to report that he has many family members who attend our schools. Ruben is the son of Jennifer Fox and Ruben Villegas, Madison School Board Trustee.

If you are a graduate of Madison Schools and would like to share your success story, please contact Rebecca.Schwan@madisonk12.us or call 517-263-0741 ext. 150.



February Homework Heroes

The staff of Madison Middle School is proud to name the following students as Homework Heroes for February:

6th Grade - Haylee Patterson

"Haylee consistently has her assignments completed with the highest degree of quality. She participates in class and is very helpful to others who need assistance. She is a very polite and respectful young lady." ~ Mrs. Forche



7th Grade - Adrian Alvarez

"Adrian is one of the hardest working students I know. He puts 100% effort into all that he does. Not only is he an excellent student, but he is an excellent person. He works well with everyone and makes a positive contribution to lessons daily." ~ Mrs. Wells



8th Grade - Isabel Muhl

"Isabel is a prime example of what hard work looks like. She is a hard worker and is always willing to go the extra mile to get the job done." ~ Mrs. Dusseau-Garno

Become a Member of the Madison Arbor

WHO WE ARE....we are members of Gleaner Life Insurance Society working to complete worthwhile projects that benefit our community. If you are a Gleaner certificate holder, please consider joining us!

For more information contact Dawn Opsal at 517-263-0741 ext. 123 or Jennifer Morin ext. 121.



Water Drive Held to Support Flint Residents

The week of January 25 Madison School District partnered with First Student, Inc., Adrian Public Schools, and the LISD TECH Center to collect bottled water for residents of Flint, Michigan in response to the ongoing water crisis. All three district buildings participated in the one-week drive; collecting enough water to fill a school bus.

Advanced English 10 students saw the water drive as a way to use what they were learning in the classroom to help solve a real-life problem. They had been studying speeches by John F. Kennedy, Martin Luther King, Jr., and Malala Yousafzai to understand the power of rhetoric. They applied Aristotle's appeals of pathos, ethos, and logos to promote empathy, raise awareness, and encourage action among their peers. From creating educational posters on the effects of lead in drinking water, to hosting a Pajama Day for students who made a donation, they helped in making the drive a success. The water was delivered to Powers Catholic High School in Flint, Michigan for distribution.

School administrators responded with this letter of gratitude:

Dear Mr. Rowe and the Madison School District,

The students and staff of Powers Catholic are so grateful for the many cases and jugs of water that were delivered to our school. While our water at school is safe, many of our students and staff live in the city of Flint and are definitely affected by the water crisis. Thank you so much for your kindness and generosity!

God bless!

Students & Staff of Powers Catholic High School



Athletic Department Seeks Donations for Fun Night

The annual Fun Night Celebration is quickly approaching! This year's event filled with a taco dinner, games, and live auction will be held on Friday, April 15.

The athletic department is seeking donations of items or themed baskets for the auction at this time. They ask that you consider donating good, clean items (no used clothing, stuffed furniture, or stuffed animals will be accepted). Theme ideas for baskets may include movie night, gardening, or outdoor games.

Items can be dropped off to Jerry Pape in the High School. He may be contacted at 517-263-0742 ext. 119 or Jerry.Pape@madisonk12.us.

2016 SUPERFAN Shootout Raises Funds for Athletics

The 2nd Annual SUPERFAN Shootout was held February 9-11 during elementary physical education classes. All elementary students had the opportunity to collect sponsorship donations and to practice their basketball FUNDamentals during this fundraising event. They had a great time participating in the various basketball skills stations and demonstrated super sportsmanship.



The Hot Shot Challenge was a hit with the upper elementary students. The overall champions were Yuritzi Perez, Cassidy Russell and Lucas Dopp from the third grade; Caylan Sower, Jamari Davis, Antonio Nichols, and Malikai Henry from the fourth grade; and fifth graders, Emily Carbajal-Fuentes and Logan Loudermilk.



Funds raised during the SUPERFAN Shootout will be used to support the Indoor Athletic Facility. Students who met certain fundraising benchmarks were eligible for thank you prizes including water bottles, tee shirts, bobble head dolls, trophies, and more. Those students who raised over \$500 will be recognized as a SUPER FAN in the Indoor Athletic Facility. Their plaque will be added to the welcome wall during a special celebration. Through the efforts of our students, over \$3,500 was donated for our athletic programs. Thank you for your support!



A special thanks also goes out the Madison Youth Athletic Council (MYAC) for donating the new Hot Shot Spots and new basketballs and portable rims that the students were able to use during the SHOOTOUT and will continue to use in physical education class!

The SUPERFAN Shootout was organized by Elementary Physical Education teachers, Mrs. Mary Anschuetz & Mr. Rick McNeil.

More pictures at: www.madisonelementarype.weebly.com



Happy 100 Days!

Celebrating the 100th Day of School!

The 2015-16 school year is flying by! We just passed the 100th day of school and our students are 100 days smarter! Many classrooms celebrated this milestone of learning, friendships, and adventure with fun activity stations and activities centered around the number 100. Here are a few pictures of the students in action.



Above: Mrs. Payne's students celebrated the 100th day of school by dressing up as if they were 100 years old! The students had a fun day of role playing and participating in various learning stations.

Below: Mrs. Face's students pause to pose for a photo in their 100th Day crowns and necklaces.



Above: Mrs. Baur's students assembled a yummy snack from 100 different pieces of trail mix ingredients.

Below: Mrs. Cremeans' students are all smiles as they practice writing to 100 in one of their work stations.





We Are Blue & Gold

Mrs. Risner's third graders show their Trojan spirit on Blue and Gold Day during Spirit Week. All Madison students gathered in the high school gym for a pep assembly before the Winter Homecoming game on February 5.



American Sign Language (ASL) Silent Dinner

American Sign Language students enjoyed their third Silent Dinner of the trimester at Burger King on February 18. Students who attended enjoyed a "voices off" meal with friends to practice their signing skills. Pictured are: Jazlyn Ramirez, Autumn Tindall, Kayla Wohlgamuth, Jenna Ash, Collin Schmitz, Kate Flynn, Rebecca McTaggart, Jacob Elliott, Chelsea Short, Hayden VanValkenburg, Shane Stegg, Nick Adams, Sam Daly, Greg Carson, Chloe Cowen, Arianna Fernandez, Trey Raburn, Lauren Turner, Aleesha Summers, Sara Swanson, Abigail Watters, and Katie Hamann. In attendance, but missing from the photo, were Erica Lynn, Michael Round, and Darren Adams.

Members of the Madison community interested in ASL are invited to take part in Silent Dinner events.



BSY Academic Enrichment Opportunity

Thirty four Balanced School Year students chose to participate in the tuition-based Academic Enrichment Opportunity during the February intercession break. They celebrated the theme of "Winter Wonderland" and visited the Henry Ford Museum, St.

Joseph Exploration Center, Pump It Up, Hidden Lake Gardens, the A.J. Smith Recreation Center, and Arrington Ice Arena. They also had the chance to get a taste of high school art class by painting a snowman on canvas under the direction of Mrs. Linda Hooker.

The next AEO is scheduled for March 28-31. Look for more details to be sent home with students.





Madison junior, Callie Halsey, placed 1st in Job Interview in the regional FFA competition on Wednesday, February 17. Keeley Pape, senior, placed 2nd in Extemporaneous Speech. Both girls will move on to the state level of competition to be held at Michigan State University in mid-March.



Tyler Prewo-Fox and Amia Benson dance the night away at the Homecoming Winterfest dance held at the Lenawee Country Club on February 6.



Madison Biomedical Sciences teacher, Katie McGormley, shows kindergarten students the different parts of a pig's heart. The students were excited to have her as a guest speaker after learning about different organs in the body and how they work. They were each given the opportunity to hold the heart for closer examination.



5th grade students made predictions, conducted experiments, collected data, and analyzed the results of their parachute drop project. Many were surprised by the outcomes!

Never miss a game...The 2016 Spring Athletics calendar is online!

www.madisonk12.us/events/category/trojan-athletics-calendar/



Collin Anschuetz and Kendall Hudson were crowned Winter Homecoming King and Queen before the Varsity Boys Basketball Game on February 5.



William Wong placed 1st in his weight class at the Morenci Push/Pull Meet on January 23.

He also qualified for state by placing 3rd at the Powerlifting Regional Meet in Owosso on January 16 where he competed in in squat, bench, and deadlift.

He will compete in the State Powerlifting Meet at Mona Shores High School on March 11.



The Varsity Competitive Cheer team finished in 2nd at Districts on Saturday, February 20 to advance to the Regional competition. They finished with a total score of 728.06, breaking the previous school record. Here the team is pictured with Varsity Football Coach & Student Success Coach, Taz Wallace, who came to cheer for the girls.



Kendall Hudson scored a school record 40 points in one game on February 1. She passed the 1000 point milestone on February 18.

Spring Athletes are reminded that a current physical must be on file prior to beginning practice. Physical forms may be picked up in the office or downloaded from the Athletics page of the website.

March Events



There is always something happening within the Madison School District! Please know that dates/times are subject to change. Please visit www.madisonk12.us for the most up-to-date events calendar.

Tuesday, March 1

ES Student Council Meeting
MYAC 3/4 Basketball Banquet
JV/V BB vs. Hillsdale
PATT Meeting

Wednesday, March 2

Read Across America Day
JV/V GB MHSAA Districts
MS/HS Exams & Early Release
ES Soup & Story Night
Athletic Boosters Meeting
MYAC Meeting

Thursday, March 3

MS/HS Exams & Early Release
Love & Logic Parenting Class

Friday, March 4

MS/HS Exams & Early Release
ES Records & Early Release
Varsity Bowling MHSAA Finals
JV/V GB MHSAA Districts
Cub Scout Pinewood Derby

Saturday, March 5

Varsity Bowling MHSAA Finals
Comp. Cheer MHSAA Finals
PATT Mom & Son Fun Night

Monday, March 7

First Day of Third Trimester
ES Scholastic Book Fair

Tuesday, March 8

ES Scholastic Book Fair
JV/V GB MHSAA Regionals
HS School Improvement Meeting
MSBOA Pre-Contest Concert

Wednesday, March 9

ES Scholastic Book Fair
HS Play-Day Performance
Character Under Construction

Thursday, March 10

ES Scholastic Book Fair
ES Parent-Teacher Conferences
JV/V GB MHSAA Regionals
MSBOA Orchestra Festival
HS Play-Evening Performance

Friday, March 11

ES Scholastic Book Fair
MSBOA Band Festival
Kindergarten Breakfast

Sunday, March 13

Daylight Saving Time Begins

Monday, March 14

JV/V BB MHSAA Regionals

Tuesday, March 15

5th Grade Music Night/Parent Meeting

Thursday, March 17

St. Patrick's Day
ES Honor Roll Breakfast
GSRP Spring Program
MS School Improvement Meeting
Varsity Track Parent Meeting



Friday, March 18

8th Grade Trip Payment Due
Kindergarten Breakfast
Popcorn Friday

Release Time Bible Study
Varsity Softball Parent Meeting

Saturday, March 19

State Slam Poetry Competition
MAB Casino Bus Trip

Sunday, March 20

First Day of Spring

Monday, March 21

ES School Improvement Meeting
Board of Education Meeting
5th Grade Music Program

Tuesday, March 22

HS VIP Honor Roll Breakfast
3rd Grade Music Programs
April Newsletter Deadline

Wednesday, March 23

ES Day of Science
MS Character Under Construction

Thursday, March 24

MS VIP Honor Roll Breakfast
BSY Early Release Day
Quarter Mania for Madison Golf

Friday, March 25

No School – *Good Friday*

Sunday, March 27

Easter

Monday, March 28

BSY No School - Spring Break
V SB & BB vs. Manchester
JV SB & BB @ Manchester

Tuesday, March 29

BSY No School - Spring Break
V Track @ Manchester

Wednesday, March 30

BSY No School - Spring Break
V Track @ Hillsdale College
V SB & BB @ Clinton (DH)
Athletic Boosters Meeting

Thursday, March 31

BSY No School - Spring Break
JV SB & BB vs. Clinton (DH)



Friday, April 1

BSY No School - Spring Break
TSY - Early Release Day

Monday, April 4-Friday, April 8

No School - Spring Break

MARCH 2016

MADISON SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Nachos Deluxe Refried Beans Fruit Choice	2 Chili Dog Smiley Fries Fruit Choice	3 Chicken Fingers Peas & Carrots Fruit Choice	4 Fish Sticks Mixed Salad Fruit Choice Milk
7 Bosco Sticks Marinara Sauce Green Beans Fruit Choice	8 Beef Taco W/ Lettuce & Tomato Refried Beans Fruit Choice	9 Pasta W/ Italian Meat Sauce Salad Fruit Choice	10 Cheeseburger Baked Fries Fruit Choice	11 Sweet & Sour Chicken Broccoli mix Fruit Choice
14 Pizza Corn Fruit Choice	15 Crispitos Refried Beans Fruit Choice	16 French Toast Sausage Hash Brown Fruit Choice	17 Chili Cheese Fries Fruit Choice	18 Corn Dogs Baked Beans Fruit Choice
21 Bosco Sticks Marinara Sauce Green Beans Fruit Choice	22 Nachos Deluxe Refried Beans Fruit Choice	23 Spaghetti W/G Garlic Bread Salad Fruit Choice	24 Chicken Sandwich (Grilled or Breaded) Mixed Salad Fruit Choice	25 NO SCHOOL
28 Pizza Corn Fruit Choice	29 Chicken & Gravy Mashed Potato Roll Fruit Choice	30 Beef Taco W/ Lettuce & Tomato Refried Beans Fruit Choice	31 Chili Dog Smiley Fries Fruit Choice	

News

High school and

Middle School

Breakfast \$1.00

Reduced .30

Lunch \$2.30

Reduced .40

Served Daily

1% White OR Fat Free

Chocolate milk, Orange Juice

or Apple Juice

Also serving- rotating daily:

Fruit varieties include:

Peaches, Pears

Strawberries, Grapes,

Mandarin Oranges, Fruit

Cocktail, Bananas, and

Pineapple

Vegetable varieties

include: Romaine/Spinach

Salad, Cucumber, Broccoli,

Mixed Salad, Carrots,

Cauliflower,

Cherry Tomatoes.

USDA is an equal opportunity employer

Keep in Touch

- We strive to provide clear and consistent communication to our students, families, and community members.** Information is distributed to our stakeholders in a variety of ways:
- District Website:** www.madisonk12.us
- District Newsletter:** Distributed on the first of each month via email and published electronically at: www.madisonk12.us/newsletters. Please email Rebecca.Schwan@madisonk12.us to be added to our mailing list.
- MHS Facebook:** <https://www.facebook.com/madisonhs.trojans>
- MMS Facebook:** <https://www.facebook.com/MadisonTrojansMS?ref=hl>
- MES Facebook:** <https://www.facebook.com/pages/Madison-Elementary-School/106479146082369>
- District Twitter:** https://www.twitter.com/Trojans_Madison
- Home Access Center:** View your student's grades and attendance record online by [clicking here](#).
- Blackboard Alert Phone/Text Messages:** Please be sure that your contact information is current in the school office(s).

Madison School District Phone Numbers

High School Office	517-263-0742
Middle School Office	517-263-0743
Elementary School Office	517-263-0744
Superintendent's Office	517-265-1840
Athletic Office	517-265-1842
High School Counseling Office	517-265-1843
Dining Room	517-265-1844
Transportation Office	517-265-1845

Fax Numbers

High School & Athletic Office	517-265-1848
Elementary Office	517-265-1849
Superintendent's Office	517-265-5635



*Our Mission: Madison School District,
in cooperation with our community, will enable
each student to develop his or her full potential
to be successful in an ever-changing world.*

Notice of Non-discrimination Policy It is the policy of Madison School District that no person shall, on the basis of race, color, national origin, sex or handicap, be excluded from participation in, be denied the benefits or, be subjected to discrimination during any program or activity or in employment. Any questions concerning the Title XI of the Education Amendments of 1972, which prohibits discrimination on the basis of sex, along with inquiries related to Section 504 of the Rehabilitation Act of 1973, which prohibits discrimination on the basis of handicap, should be directed to the Superintendent of Schools at Madison School District, 3498 Treat Highway Adrian, MI 49221. Phone 517-265-1840.

Public Act 198 of 1971, the Mandatory Special Education Act, establishes the right to handicapped person(s) from birth through the age of 25, to equal opportunity within the public schools. THIS MEANS THAT HANDICAPPED CHILDREN DO NOT NEED TO WAIT UNTIL THEY ARE SCHOOL AGE TO BENEFIT FROM SPECIAL EDUCATION SERVICES. It is important that help be obtained for the handicapped at the earliest possible age. In the State of Michigan, this help is free and is available through your public schools. A team of educational specialists evaluate the child to determine the type and degree of disability and the best kind of program placement. This evaluation often includes medical specialists. Pre-primary Special Education services are available for: Emotionally Impaired, Mentally Impaired, Physically & Otherwise Health Impaired (POHI), Hearing Impaired, Visually Impaired, Speech & Language Impaired, Specific Learning Disabled. If you know a pre-school child who may benefit from these services contact the Board of Education at 517-265-1840.

Madison Board of Education

We Believe - The foundation of education is a partnership that includes two-way communication between family, school, and community – the Madison Family. Stakeholders are invited and encouraged to become involved in our schools. Please contact us if you have questions, concerns, suggestions, or would like to volunteer. Our strength and our success is in our relationships with members of our community.



Meetings begin at 6:00 p.m. on the third Monday of the month and are held in the Board Room located inside the Middle School.

M. Kyle Ehinger, President
Julie Ramos, Vice President
Nancy Roback, Secretary
Mark Swinehart, Treasurer
Natasha Manchester, Trustee
Dana Pink, Trustee
Ruben Villegas, Trustee

Upcoming Meetings

March 21

April 18

May 16



Madison Elementary

P: 517-263-0744 | F: 517-265-1849

Linda J. Kaufman
Early Elementary Principal

Nathan T. Pechaitis
Upper Elementary Principal

Eric M. Frederick
Intervention Specialist



Madison Middle

P: 517-263-0743

Brad G. Anschuetz
Middle School Principal

Mindy A. Jordan
Middle School Assistant Principal



Madison High

P: 517-263-0742 | F: 517-265-1848

Kristin E. Thomas
High School Principal

Nicholaus P. Whiteley
High School Assistant Principal



Superintendent's Office

P: 517-265-1840
F: 517-265-5635

Ryan L. Rowe
Superintendent

Madison School District

3498 Treat Highway | Adrian, MI 49221

<http://madisonk12.us>

517-263-0741

Report to PARENTS

HELPING YOUR CHILD Test Preparation

Whether you've been out of school for five years or 15, the thought of taking a test probably still makes your heart race. Now imagine what it's like for your child. As a parent, you can help.

THE PHYSICAL

Get them fed. The more nutritiously your children eat, the better they will do in school. Properly fueled and with stable blood sugar levels, their concentration is enhanced. Always give them a healthy breakfast while cutting back on high-sugar cereals, pastries, and undiluted juices (which can have the same sugar content as sodas.) Most kids are ravenous after school, so before they settle down to study, provide a healthful, non-junk food snack to carry them through to dinner.

Get them moving. Exams cause stress, but, sports, exercise, and dancing can relieve it. Physical activity that gets students completely away from academics for a few hours each day can actually help them perform better on tests.

Get them breathing. Teach your kids a simple breathing exercise that you'll do with them once or twice a day and in times of stress (as in right before a test): Take a deep breath, hold to the count of three, then exhale slowly through the nose to the count of 10.

Get them to bed on time. Elementary and middle school children need up to 10 hours of sleep each night to do their best in school. They also need to curtail the excitement from video games, television, movies, and texting for at least 30 minutes before sleep.

THE MENTAL

Practice their confidence. Ask the teacher or principal if there are practice tests or worksheets your child can work on at home before the big day. These can help your children get used to how the questions are worded and how to properly fill in test sheet bubbles.

Put piecework into action. Pre-exam cramming does not work. In fact, four 15-minute periods of study are actually superior to one continuous hour when it comes to memory retention. Therefore, see to it that your child preps for tests in small bursts, in some small way, every day.

Unplug already. When it comes to distracting videos, television, telephones, or social media (basically anything with a screen or speakers that's not directly related to school work), study time is the time to turn the devices off.



THE EMOTIONAL

Offer super support. As much as you value good exam grades, it's more important that kids understand that your love and respect for them is not dependent on their test scores.

Review results together. Once the graded exam comes back, sit with your child and review what went right, what didn't, and how to do better next time. This is not the time for you to lecture. Subtly prompted, your child should do most of the talking.

Informe a los PADRES

Cómo ayudar a su niño a prepararse para Las Pruebas

Aunque hayan pasado cinco o 15 años desde que usted se salió de la escuela, su corazón late fuerte con tan solo pensar en las pruebas escolares. Imagínese como se siente su niño. Como padre, usted puede ayudar.

ASPECTOS FISICOS

Comida nutritiva. Mientras mas comidas nutritivas coman sus niños, mejor será su rendimiento académico. Si están bien alimentados, con niveles de glucosa sanguínea estables sus niños podrán concentrarse mejor. Siempre déles un desayuno saludable con menos cereales dulces, pasteles, y jugos concentrados (éstos pueden contener la misma cantidad de azúcar que las bebidas gaseosas). La mayoría de los niños tienen un hambre feroz después de la escuela, así es que antes de que comiencen a estudiar, déles un bocadillo saludable para que duren hasta la hora de cenar.

El ejercicio. Aunque las pruebas causen estrés, los deportes, ejercicios, y baile pueden aliviarlo. Las actividades físicas que logran que los niños se alejen totalmente de las tareas académicas durante unas pocas horas todos los días pueden ayudarles a sacar mejores notas en las pruebas.

La respiración. Enséñele a sus niños un ejercicio simple para la respiración que usted puede hacer con ellos una o dos veces al día y durante los tiempos de mucho estrés (como antes de una prueba): Respire profundo, cuente hasta tres, y exhale por la nariz al mismo tiempo que cuente hasta 10.

Acostarse a la hora. Los niños en edad de escuela primaria y media necesitan hasta 10 horas de sueño cada noche para poder rendir bien en la escuela. También deben limitar cualquier agitación que pueda resultar de los videojuegos, televisión, películas y el envío de textos por lo menos 30 minutos antes de dormirse.

ASPECTOS MENTALES

Practicar para lograr confianza. Comuníquese con el maestro o director de la escuela para preguntar si hay pruebas u hojas de trabajo para que su niño practique en casa antes del día del examen. Estas pueden ayudar a acostumbrarse al estilo de las preguntas y aprender a llenar las burbujas en las hojas de pruebas.

Poco a poco. Estudiar toda la materia el día antes de la prueba no es una buena estrategia. Para una mayor retención de memoria, cuatro periodos de estudio de 15 minutos cada uno son superiores a una hora continua de estudio. Por lo tanto, asegúrese de que su niño se prepare para las pruebas poco a poco, estudiando un poco cada día.

Desenchufar. Cuando se trata de videos, televisión, teléfonos, u otros medios sociales que pueden distraer (básicamente cualquier cosa con pantalla o parlantes que no está directamente relacionado con las tareas escolares), estos aparatos se deben

apagar durante la hora de estudiar.

ASPECTOS EMOCIONALES

Ofrecer gran apoyo. Aunque usted aprecie buenas notas en las pruebas, es aun más importante que los niños comprendan que su cariño y respeto no depende de sus notas.

Repasar los resultados juntos. Una vez que tengan los resultados de la prueba, siéntese un momento con su niño para revisar lo que estaba correcto e incorrecto y para conversar acerca de cómo puede rendir mejor la próxima vez. Este no es el momento para un sermón. Si usted lo anima sutilmente, su niño debe dirigir la conversación.

