

BOYS TRACK PERFORMANCES 2013

SHOT PUT		Frosh	Soph	Junior	Senior
S. Roback			37' 11"	43' 4"	42'
J. Rogers			36' 1/4"	44' 1/2"	42' 5 1/4"
J. Sessink		27' 3"	31' 10"	35' 11 1/2"	
J. Hamilton		31' 7 3/4"		36' 2 1/2"	
T. Trumbull		41' 5"	46'		
M. Trumbull		30' 10 1/2"			
R. Shroyer				30' 8"	
D. McKenzie			32' 9 1/2"		
DISCUS					
S. Roback			101' 4"	128' 1"	127' 4"
J. Rogers			114' 8"	124' 9"	117' 1"
J. Sessink		93' 8"	106' 1"	94' 7"	
J. Hamilton		81' 2"		96' 8"	
T. Trumbull		110' 10"		132' 7"	
M. Trumbull		81' 4"			
R. Shroyer				68' 4"	
D. McKenzie			78' 10"		
POLE VAULT					
A. Hamilton					8' 6"
C. Kangas		10'	10'		
K. Caudle		8' 6"			
N. Klemm				10'	
I. Espinoza				8'	
LONG JUMP					
M. Benschoter					
N. Klemm		16' 4 1/4"	17' 1 1/2"		
J. Evans		18' 7"			
D. Miller		17' 2 1/2"			
I. Espinoza				16' 6"	
HIGH JUMP					
Z. Fisher				5' 2"	
J. Hamilton				5' 4"	
3200 RELAY	9:00.22				
	C. Kangas	2:15	J. McGinnis	2:15	
	J. Evans	2:15	M. Pape	2:15	
110 HURDLES					
N. Klemm		17.6	17.21	16.7	
S. Roback		18.7	18.0	17.6	
A. Hindes				17.8	
100 DASH					
Z. Hubbard				11.4	
J. VanKirk		12.2	11.8	11.8	11.8
J. Rogers			13.3		

J. Sessink		15.6		15.8	
J. Hamilton		13.0	13.4	12.6	
T. Trumbull		13.9	13.4		
I. Espinoza				13.07	
D. Miller		12.2			
C. Jessee		12.5			
R. Shroyer				13.6	
M. Trumbull		15.8			
G. Martinez			13.5		
D. McKenzie			17.1		
800 RELAY	1:34.92				
	M. Benschoter	23.0	A. Hindes	25.7	
	J. VanKirk	23.0	Z. Hubbard	23.1	
1600 RUN					
A. Hamilton		6:38.1	6:06.4	5:54.6	6:00
M. Pape			5:02.20		
C. Kangas		4:55	4:53.9		
L. Halsey			5:38.1		
J. McGinnis		5:23.5	5:17.3		
M. Burciaga		5:07.97			
J. Ambrose		5:57.4			
400 RELAY	46.07				
	J. VanKirk	11.1	Z. Hubbard	11.5	
	I. Espinoza	11.9	M. Benschoter	11.6	
400 DASH					
M. Benschoter		51.5	51.1		50.19
J. VanKirk		56.5	55.4		
J. Evans		57.6			
C. Jessee		56.9			
D. Miller		1:02.3			
Z. Fisher				1:00.3	
G. Martinez			1:03.5		
K. Caudle		1:09.4			
300 HURDLES					
N. Klemm		46.3	44.1	42.9	
S. Roback			49.0	50.0	49.2
A. Hindes				45.40	
800 RUN					
A. Hamilton		3:04.7	2:55.9		2:51.6
M. Pape			2:19.4		
C. Kangas		2:17.96			
Z. Fisher				2:29.37	
J. Evans		2:27.08			
J. McGinnis			2:23.0		
J. Ambrose		2:41.8			
K. Caudle		2:44			
M. Burciaga		2:29.8			

L. Halsey			2:27.7		
200 DASH					
M. Benschoter					22.76
J. VanKirk			24.1	24.9	
Z. Hubbard				24.2	
N. Klemm		27.4			
J. Hamilton		27.7	26.9		
D. Miller		26.1			
C. Jessee		26.22			
G. Martinez			28.11		
D. McKenzie			39.4		
T. Trumbull		31.0			
K. Caudle		29.2			
J. Evans		26.7			
3200 RUN					
A. Hamilton		14:37.8	13:08.2	12:14.0	12:21.14
J. McGinnis		11:23.97	11:08.8		
C. Kangas			11:50.3		
M. Pape			11:56.2		
J. Ambrose		12:09.82			
L. Halsey			12:53.8		
M. Burciaga		11:53.9			
1600 RELAY	3:38.1				
	J. VanKirk	54.0	C. Kangas	55.6	
	M. Benschoter	51.1	I. Espinoza	57.5	

GIRLS TRACK PERFORMANCES 2013

SHOT PUT		Frosh	Soph	Junior	Senior
A. Bussing		34' 4"	37' 2 1/2"	40' 4"	39' 8 1/2"
D. Marion		36' 6 1/2"	37' 10 1/2"	38' 5 1/4"	
H. Hudson		34' 3 1/2"	35' 7 1/4"	37' 11"	
R. DeHoyos		27' 11"	27' 5 1/2"		
S. Hamilton				23' 1"	
M. Morin		28' 9"			
J. Caldwell			23'		
DISCUS					
A. Bussing		103' 4"	117' 1"	115' 4"	135'
D. Marion		111' 4"	115' 10"	116' 10"	
H. Hudson		99' 4"	97' 8"	103' 3"	
R. DeHoyos		72' 7"			
S. Hamilton				67' 7"	
M. Morin		66' 11"			
J. Caldwell			52'		
HIGH JUMP					
A. Warren		5'	5'	5'	5' 2"
S. Rosales		4' 6"	4' 8"(4' 6")	4' 7"	
T. Theriot		4' 5"			
S. Villarreal		4'			
M. Hague		4' 1"	4'		
A. Morris		4' 7"	4' 11"		
LONG JUMP					
C. Rodriguez		14' 5"	14' 1 1/2"	14' 8"	
A. Enriquez		10' 3'			
K. Duke		13' 1 1/2"	13' 5"	13' 6 1/2"	
H. Mellon		14' 9 3/4"	14' 7"	14' 6 1/2"	
T. Theriot		14' 5"	15' 3"	15' 5"	
M. McTaggart		11' 6 1/2"			
D. Rosales		14' 1/2"			
M. Minnick		14' 6 1/2"			
POLE VAULT					
A. Drwencke		7' 6"	8' 6"	9'	8' 6"
J. Cabrera			7' 6"	8'	
R. DeHoyos		7' 6"		8'	
K. Payne		6'			
3200 RELAY					
	10:38.21				
	A. Drwencke		M. McTaggart		
	J. Cabrera		M. Hague		
100 HURDLES					
S. Villarreal		16.8	17.25	18.1	
A. Enriquez		19.0	18.48	18.72	
R. DeHoyos		20.1	18.20		

T. Theriot				19.4	
M. Minnick		18.61			
100 DASH					
A. Warren		16.6			
A. Bussing			15.7		
H. Hudson		17.6			
D. Marion		19.0			
K. Duke		14.8		15.1	
A. Enriquez		13.7	13.36	13.3	
C. Rodriguez		13.8	13.60		
T. Theriot		14.2		14.0	
D. Rosales		13.4	14.36		
A. Morris		13.7	12.9		
M. Minnick		14.4			
K. Payne		14.89			
800 RELAY	1:48.84				
	R. DeHoyos	26.7	H. Mellon	27.3	
	D. Rosales	27.0	A. Morris	27.7	
1600 RUN					
A. Drwencke		6:48.3		6:14.5	5:53.89
J. Cabrera		6:18.4	6:43.6	6:23.47	
M. Hague			6:23.1		
M. McTaggart			5:55.77		
S. Hamilton				7:50.9	
400 RELAY	50.85				
	A. Enriquez	13.1	C. Rodriguez	12.6	
	H. Mellon	12.6	A. Morris	12.4	
400 DASH					
R. DeHoyos			1:04.2		
A. Warren		1:16.1			
A. Drwencke		1:12.42	1:14.6		
H. Mellon		1:04.01			
T. Theriot		1:06.42	1:04.8	1:05.37	
K. Duke		1:14.5			
D. Rosales		1:02.4	1:03.09		
M. McTaggart		1:10			
M. Hague		1:08.89	1:04.6		
M. Minnick		1:15.29			
K. Payne		1:10.43			
H. Hudson				1:17.4	
M. Dalton			1:14.3		
300 HURDLES					
S. Villarreal		49.5	49.20	51.4	
T. Theriot		54.2	54.8	52.84	
A. Enriquez			53.9		
R. DeHoyos		50.8	48.48		

M. Minnick		54.40			
800 RUN					
A. Drwencke		2:47.8	2:48.4	2:45.8	2:35.91
S. Rosales		2:57	3:07.6	3:08.38	
J. Cabrera				2:56.3	
M. McTaggart		2:48.8	2:42.05		
M. Hague		2:44.64	2:41.72		
S. Hamilton				3:53.6	
200 DASH					
A. Warren		35.1	31.7	33.2	32.4
H. Mellon		29.5	27.45	29.0	
C. Rodriguez		28.2	29.0	28.8	
A. Enriquez		28.8	28.03	27.8	
K. Duke		31.5		31.6	
S. Villarreal		28.4			
A. Morris		28.5	27.54		
D. Rosales		29.4	30.1		
R. DeHoyos			27.60		
M. Minnick		29.6			
K. Payne		31.96			
M. Dalton		32.6			
3200 RUN					
J. Cabrera		15:18.13		14:16.20	
A. Drwencke				14:07.5	14:04.1
M. McTaggart			13:10.31		
S. Hamilton				18:36.50	
1600 RELAY	4:12.21				
	D. Rosales	1:02	H. Mellon	1:02.8	
	R. DeHoyos	1:02.3	M. Hague	1:05	